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**KINS 7.15: Beginning Pickleball**

This course provides students an overview of the skills needed to play pickleball at a beginning level. Concepts include fundamental strokes, rules of the game, terminology, equipment needed, and etiquette.

Pass/No Pass, Letter Grade

Units: 1

Lecture Hours: 0, Lab Hours: 48 – 54

Prerequisites: None

Co-Requisites: None

Advisory: None

Transferable to both UC and CSU

WVC GE: Area A-8: Kinesiology

CSU GE: Area E - Lifelong Learning and Self Development